



Advice to women following a punch biopsy of the cervix

A small piece of tissue has been removed from the abnormal area of cells on your cervix/ vagina. This piece of tissue will be sent to the laboratory for further examination. We will write to you with your results of your biopsy within the next 30 working days OR a discussion appointment will be made for you to discuss the results with your specialist (if required.) You are most welcome to phone the clinic for your results within the next three weeks.

The biopsy has left a small raw area on your cervix. It is quite normal to:

- have some bleeding or discharge for a few days
- notice a scab come away.

To reduce the risk of developing an infection, and to prevent excessive bleeding, we suggest that you take the following precautions until the discharge has stopped which is usually between two and four days:

- Avoid intercourse (sex)
- Use sanitary pads rather than tampons
- Shower instead of having a bath
- Avoid spa pools and swimming
- Do not put anything into the vagina

Once the discharge has stopped you can resume normal activity.

If you have any concerns about the biopsy, or required further advice, please call the team at ASC Gynaecology.

If you experience:

- heavy bleeding (more than your usual period)
- bleeding greater than for two weeks
- signs of infection such as fever; foul smelling
- odour, discharge; or pain

call the team at ASC Gynaecology.

